



# HASLEMERE TOWN COUNCIL

## Small Grant / Green Grant Application Form<sup>1</sup>

### CONTACT DETAILS

Name of Organisation	Green & Blue Studio - Free Fitness Classes for cancer patients and carers in Haslemere
Contact Name	Maria Mateo
Position in Organisation	Volunteer
Address	
Telephone	
Email	

### PROJECT DETAILS

Name of Project	Free Fitness Classes for cancer patients and carers in Haslemere. . The initiative is taking place in Green and Blue Studios in Haslemere <a href="http://www.greenandbluestudios.com">www.greenandbluestudios.com</a>
What aspect of the project will grant money be used for. <b>Please be as specific as possible.</b> <sup>2</sup>	4 day intensive course for two fitness instructors with the charity cancer united. Course is booked for the 24 <sup>th</sup> of February and the fee is £550 per instructor  Details <a href="#">Cancer United   CUFITTER Award in the Applied Delivery of Cancer Exercise</a>  <b>The two invoices are attached</b>
What benefits for the Haslemere community do you expect will result from the project? <sup>3</sup>	Promotion of health and wellbeing for local cancer patients. Potential better recovery of cancer treatment. Better wellbeing during and after treatment. The classes will be run by specialist cancer trainers and will be free so any patient, no matter their financial circumstances will be able to attend.
Scheduled project start and finish date	From November 2024 primary cancer carers have enjoyed free fitness sessions and from January 2025 cancer patients will be able to access fitness sessions as we have found an external qualified cancer fitness instructor, The aim is to increase the classes with two more qualified instructors.  The project will be ongoing in the future.

### FUNDING DETAILS

Total estimated cost of the project	Depending on demand but at the moment we are only asking for the training of two instructors. Other costs are
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<sup>1</sup> Delete as appropriate

<sup>2</sup> Use a separate sheet if required

<sup>3</sup> Use a separate sheet if required

	<p>-free membership for cancer carers and survivors – already 5 carers and 2 cancer survivors are enjoying free membership for 6 months. £70 per person</p> <p>-specialist cancer instructor’s hourly rate - £45 (which includes use of gym and cleaning)</p> <p>- marketing and promotion – unknown but we are trying to use social media as much as possible. The local health centre and the Fountain Centre will print out posters for free.</p>
Amount of grant requested from the Town Council	£1100 fee of the training of two Green and Blue instructors. They will qualify in the delivery of cancer-specific exercise programmes. Details in link above and invoices attached.
Have you or will you be applying to other bodies for financial assistance? <sup>4</sup>	Yes
If yes please state: To whom applied	<p>Rotary Club of Haslemere</p> <p>Penny Ha’Penny Trust</p> <p>Shottermill War Memorial</p> <p>Community Foundation for Surrey</p>
Amount(s) applied for	In process of application, we will apply for remaining contribution of training course if HTC is not able to pay full amount and ongoing payment of instructors and free memberships.
Amount(s) received	None from those bodies yet as have not completed applications but have started fundraising in the studios where the classes will take place. At Christmas a yoga and Christmas wreath event took place and cards and clothes sold by a yoga teacher with a percentage donated to the project.
Have you received a grant from the Town Council before? If so for how much and for what purpose? <sup>5</sup>	No
What fundraising activities will your organisation be doing to fund this project?	Selling clothes and postcards and organising fundraising events (already done a yoga and Christmas wreath making workshop in December and sold Christmas cards and clothes). Future events will be aerial shows at the studio, more yoga events, golf and bridge tournaments and crowdfunding page.

### **ORGANISATION DETAILS**

Is your organisation a Registered charity or trust? (If yes please provide Registration Number)	<p>No yet but we are hoping to partner with the Fountain Centre in Guildford, we are under discussions with them. They have been really positive about the project and we are hoping to finalise the details in the next few months.</p> <p>Registration Number: 1089086 Fountain Centre</p>
Is it affiliated to a National Body? If yes please specify.	No
What are the aims and objectives of the organisation?	Promote health and wellbeing in local cancer patients and their primary carers in Haslemere

<sup>4</sup> HTC will not accept applications for 100% of project funding

<sup>5</sup> HTC will not accept applications from organisations which have been awarded a grant in the last two years.

What is the geographical area covered by your organisation?	Local to Haslemere – we are expecting referrals from local GPs and the Fountain Centre. Both are promoting the project (see attached flyer that they are circulating around their patients)
Bank account to which payment should be made  This must be in the name of your organisation. Payments cannot be made to individuals.	Account Name: Green and Blue Studio Limited

### **VALIDITY CHECKLIST**

For your project to be considered you must be able to confirm the following statements:

<b>Criteria</b>	<b>Tick to confirm</b>
The project is of benefit to residents of the Council's electoral area	Yes
You hold a bank account in the name of the organisation applying, not an individual	Yes
This application is accompanied by either the latest audited financial report or, where this does not exist, a forecast budget of income and expenditure relating to the grant application.	We do not have accounts but are hoping to be able to provide this in the future once we complete the partnership with the Fountain Centre
The grant is not for a project already completed	yes
The grant is not to contribute to a surplus for charitable distribution or to increase your organisation's reserves	yes
You consent to acknowledge HTC's contribution in your marketing / promotional material	Yes

### **DECLARATION**

In submitting this application on behalf of the stated organisation I certify that all statements made or enclosed to be true.
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This application and all supporting information may be made publicly available	Print name: Maria Mateo
Date	15 January 2025



Lisa O'Sullivan <town.clerk@haslemeretc.org>

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## **Fwd: Request for funds for new initiative in Haslemere - Free Fitness Classes for Cancer Patients and Carers**

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29 January 2025 at 16:49

Hi Jo,

In answer to your questions:-

1 - The classes started last week with 3 cancer patients, and we have had already 3 more referred this week. As the cancer fitness class can only accommodate 5 patients at a time, we are opening a second session and also spinning class for up to 8 patients. With the two new trainers we could open up more classes and spinning sessions. We are sure we are going to get lots more referrals as we have not yet started to advertise in the community yet. We also have plans to open up classes for children in the future.

2 - Yes the classes are aimed to local residents. If we find that we have residents from outside Haslemere we are planning to approach their local councils for funding of classes rather than training.

As an update, we have started a justgiving page to cover over 20 classes and we have almost reached the target.

If you have any other questions please do not hesitate to contact me.

Many thanks and best regards

Maria

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