



HASLEMERE TOWN COUNCIL

Revenue Grant Application Form¹

CONTACT DETAILS

Name of Organisation	Crossways Counselling Service
Contact Name	Abi White
Position in Organisation	Trustee
Address	
Telephone	
Email	

ORGANISATION DETAILS

Name of organisation	Crossways Counselling Service
Amount applied for from HTC	£4,980
What will the revenue grant money be used for – please be as specific as possible and use a separate sheet if necessary.	<p>We currently offer around 1,600 counselling and psychotherapy sessions per year to clients in need of support across a range of areas. Traditionally, this support has been only available to adults, but we are currently expanding our service to young people aged 11-18 from the local area.</p> <p>This revenue grant would support this expansion at a time when the pandemic has exacerbated mental health problems experienced by this younger age group as a consequence of social isolation and schooling disruption.</p> <p>Please see the separate sheet provided for further details.</p> <p>The elements of our revenue costs related to the expansion of our service to work with young people are:</p> <ol style="list-style-type: none">1. Training and supervision costs for a counsellor to receive a full qualification that will enable them to work with under 18s: Staff training: £1,600 Supervision costs (over 2 years): £1,300 TOTAL requested: £2,9002. Rental costs for an additional room for 2 years to hold supervised counselling sessions for 11-18 year-olds: TOTAL requested: £2,080

¹ Delete as appropriate

What specific benefits for the Haslemere community do you expect will result from the grant? ²	<p>Whilst we will continue to offer our vital counselling services to adults in need, one of the key specific new benefits that this grant will help enable is the provision of mental health care support to 11-18 year-olds in the Haslemere area via funding for one of our existing, qualified counsellors to study for a formal qualification to deliver professional psychotherapy to under 18s.</p> <p>The current provision for young people is extremely limited and difficult to access locally – with the focus being on crisis care, helping those at greatest risk. By providing this counselling service at Crossways, we aim to prevent mental health issues in young people from becoming more acute, requiring psychiatric or hospital intervention.</p> <p>Quite simply, we want to help meet the big increase in demand post-pandemic for mental health counselling for 11-18 year-olds, which we have been unable to deliver thus far, and which represents a huge gap in the service offering within Haslemere and the local area.</p> <p>We hope this service will be of particular benefit to local families who are struggling financially and cannot afford to pay for counselling services. It will also help to inform parenting courses, support groups and seminars, which Crossways would like to offer to our local community in future.</p> <p>In addition, we work extensively with other health care organisations such as local GPs, CAMHS, CMHT and Macmillan Cancer Care, as well as local schools, churches, the CAB, food banks, Haslemere for Ukraine and Age Concern.</p> <p>During the pandemic, Crossways was part of the Haslemere Town Council Covid Response Group – meeting fortnightly online to ensure a joined up approach to those most affected by the crisis.</p>
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FUNDING DETAILS

Have you or will you be applying to other bodies for financial assistance?	Yes / No
<p>If yes please state:</p> <p>To whom applied</p>	<p>All of these grants have been sought and received within the F/Y 2022-23 to help cover the core costs of Crossways:</p> <ol style="list-style-type: none"> 1. East Court Charitable Trust 2. Shottermill War Memorial Trust 3. William Brake Memorial Trust 4. Hazlehurst Trust 5. Churt Welfare Trust <p>Donations were also sought and received from various churches within the Haslemere, Hindhead, Chiddingfold and Grayswood areas.</p> <p>We also submitted an application for £5,000 to the Community Foundation for Surrey but were unsuccessful in our bid.</p>

² Use a separate sheet if required

Amount(s) applied for	1. £5,000 2. £5,000 3. £2,000 4. £400 5. £1,000
Amount(s) received	1. £5,000 2. £5,000 3. £2,000 4. £400 5. £1,000
What fundraising activities will your organisation be doing to fund this project?	<p>We are one of the Mayor of Haslemere's charities this year so plan to work with The Mayor to organise a range of fundraising events with the aim of generating unrestricted funds towards our core revenue costs, including delivering the expanded service for young people.</p> <p>We will also be reviewing and renewing our approach to requesting donations from churches in the area, as well as undertaking more active promotion of the support that individuals can provide – e.g. via monthly Direct Debit payments, payroll giving or gifts in Wills.</p>

ORGANISATION DETAILS


Is your organisation a Registered charity or trust? (If yes please provide Registration Number)	Yes / No Registration Number: 275053
Is it affiliated to a National Body? If yes please specify.	Yes / No We are members of the British Association for Counselling and Psychotherapy
What are the aims and objectives of the organisation?	<p>Crossways provides a professional, confidential counselling and psychotherapy service in Haslemere and the surrounding area for people who would otherwise be unable afford private counselling sessions.</p> <p>We offer support to clients facing bereavement and loss, relationship difficulties, abuse, redundancy and workplace issues, gender and sexual identity issues, stress, depression, anxiety and confusion, social isolation and health-related concerns.</p> <p>We have a team of 10 counsellors offering over 1,600 sessions per year and we offer services over and above those available via NHS providers – e.g. evening sessions and long-term therapy for our clients, where appropriate.</p> <p>We do not turn anyone away through lack of money and our clients only contribute what they can afford. However, this means that we have to raise funds to cover the large gap between client contributions and our costs.</p>
What is the geographical area covered by your organisation?	Haslemere and the surrounding villages. Our counselling service is currently based out of Three Counties Church.
Bank account to which payment should be made This must be in the name of your organisation. Payments cannot be made to individuals.	

VALIDITY CHECKLIST

For your project to be considered you must be able to confirm the following statements:

Criteria	Tick to confirm
The revenue grant will be used to specifically benefit to residents of the Council's electoral area	<input checked="" type="checkbox"/>
You hold a bank account in the name of the organisation applying, not an individual	<input checked="" type="checkbox"/>
This application is accompanied by either the latest audited financial report or, where this does not exist, a forecast budget of income and expenditure relating to the grant application.	<input checked="" type="checkbox"/>
The grant is not to contribute to a surplus for charitable distribution or to increase your organisation's reserves	<input checked="" type="checkbox"/>
You consent to acknowledge HTC's contribution in your marketing / promotional material	<input checked="" type="checkbox"/>

DECLARATION

In submitting this application on behalf of the stated organisation I certify that all statements made or enclosed to be true. This application and all supporting information may be made publically available	Signed:  Print name: ABI WHITE
Date 13/09/23	

Additional Information Relating to Revenue Grant Application

From Crossways Counselling

September 2023

What will the revenue grant be used for?

Crossways provides a professional, confidential counselling and psychotherapy service for those aged 18+ years in Haslemere and the surrounding areas, who would otherwise be unable to access or afford it.

We now want to extend this service to offer support to 11-18 year-olds, especially as the pandemic has exacerbated mental health problems experienced by this younger age group as a consequence of social isolation and schooling disruption.

This has resulted in a marked increase in anxiety, depression, eating disorders, feelings of hopelessness and failure, loneliness, substance abuse, gender identity, relationship and family issues, and arrested social and emotional development.

The latest Prince's Trust NatWest Youth Index report (January 2023) finds that the overall wellbeing of 16-25 year-olds remains at the lowest point in the 14-year history of the research, with young people least happy and confident in their money and mental health.

The cost of living crisis is one of young people's biggest worries for the future and more than two-fifths of the young people interviewed said that economic uncertainty makes them feel hopeless about the future.

We believe that it is important to offer early, preventative support before mental health issues reach crisis level, resulting in far more disruption to the lives of young people, their schooling and their families.

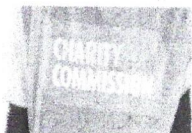
To do this, one of our existing, qualified counsellors has been selected to receive specialist training, and will be dedicated to working with this age group in the future. This counsellor already has a background in working with young people but needs a formal qualification to deliver professional psychotherapy to under 18s.

We will deliver this new service at our existing premises in Three Counties Church in Haslemere, but we will need to rent an additional room – hence the request for revenue funding to facilitate this.

From January 2024, we intend to offer 3 sessions per week, 45 weeks per year (i.e. 135 sessions in total), providing mental health support to approximately 34 young people per year. We will also need to cover the supervision costs for the counsellor's work (as required by the British Association for Counselling & Psychotherapy) – with a supervisor qualified in this area of therapy.

There is a huge and unmet need for mental health support amongst the young people of Haslemere and the surrounding area, and we are requesting this revenue grant to help us expand our service to offer our youngsters the support they greatly need.

The charity YoungMinds reports that just over 1 in 3 children and young people with a diagnosable mental health condition get access to NHS care and treatment (*NHS Five Year Forward View for Mental Health dashboard*) and the charity's own survey from summer 2020 found that 76% of parents said that their child's mental health had deteriorated while waiting for support from CAMHS.



Trustees' Annual Report for the period

From

Period start date

Day 01 Month June Year 2021

To

Period end date

Day 31 Month May Year 2022

Charity name Crossways Counselling Service

Other names charity is known by

Registered charity number (if any) 275053

Charity's principal address

PO Box 160

Haslemere

Surrey

Postcode

GU26 6YE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr S Dunbar			
2	Mrs C Keith		From 15 th December 2021	
3	Rev J Manley-Cooper		From 1 st March 2022	
4	Dr L Mason		(Resigned 7 th August 2022)	
5	Mr J Robson		(From 9 th June 2022)	
6	Mrs T Trollope			
7	Rev Canon David Wilbraham	Chair		
8				
9				
10				
11				
Name		Dates acted if not for whole year		

Name of chief executive or names of senior staff members (Optional information)

Jane Saunders – Managing Director

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted

Association

(eg. trust, association, company)

Trustee selection methods

(eg. appointed by, elected by)

Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To address the need for an affordable counselling service in Haslemere and the surrounding areas. To provide professional confidential counselling services for adults over the age of 18 who are living with stress, redundancy or work related issues, relationship difficulties, bereavement and loss, depression, anxiety or confusion and abuse. To offer ongoing training to its own counsellors and to others in the area and to provide advice and training to pastoral care teams locally.

Crossways counselling service provides over 1600 counselling sessions per year with qualified and trained counsellors for adults over the age of 18, as well as offering advice on appropriate referrals where necessary

Crossways provides ongoing training and fortnightly clinical supervision for its counsellors who are all trained professionals.

Undertaking Fundraising events and activities to raise money for and awareness of our service.

Fostering a close working relationship with local GP surgeries and other agencies.

Active member of the British Association for Counselling and Psychotherapy – we adhere to and abide by its ethical framework for good practice.

Additional details of objectives and activities (Optional information)

Many of our staff, including our counsellors, work without payment in order to support and reduce the running costs of this service.

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You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The provision of over 1600 counselling sessions

Successful fundraising activities ensuring we can continue to operate for a further year including the receipt of several grants

Training and teaching sessions on a variety of subjects including mental illness and attachment and shame

S. P. Verba

23 - 03 - 2023

CROSSWAYS COUNSELLING SERVICE
Registered Charity No. 275053
Accounts
for the Year Ended 31 May 2022

CROSSWAYS COUNSELLING SERVICE

Registered Charity No. 275053

Trustees

Dr S Dunbar
Mrs C Keith (from 15th December 2021)
Rev J Manley-Cooper (from 1st March 2022)
Dr L Mason (until 7th August 2022)
Mr J Robson (From 9th June 2022)
Mrs T Trollope
Canon D Wilbraham

Address:

Crossways Counselling Service
PO Box 160
Haslemere
GU26 6YE

Accountants:

Anthony Kelly FCA
Independent Examiner
2 Woodberry Close
Chiddingfold
Godalming
Surrey
GU8 4SF

CROSSWAYS COUNSELLING SERVICE

Registered Charity No. 275053
Income & Expenditure Account - Year Ended 31 May 2022

	<u>2022</u>		<u>2021</u>
	Operating Account	Trust Fund	Total
			Total
RECEIPTS			
Grants and donations:			
Churches	1,714	-	1,714
Grant Making Trusts	8,500	-	8,500
Miscellaneous	6,490	-	6,490
	<hr/>	<hr/>	<hr/>
	16,704	-	16,704
	<hr/>	<hr/>	<hr/>
Other receipts:			
Client Fees	10,529	-	10,529
Dividends	-	1,900	1,900
Bank interest	4	10	14
Training income	-	-	-
	<hr/>	<hr/>	<hr/>
	10,533	1,910	12,443
	<hr/>	<hr/>	<hr/>
Total income	27,237	1,910	29,147
	<hr/>	<hr/>	<hr/>
EXPENDITURE			
Direct charitable expenditure:			
Supervision fees and intakes	4,724	-	4,724
Travel costs	16	-	16
Insurance	702	-	702
Professional Subscriptions	240	-	240
	<hr/>	<hr/>	<hr/>
	5,682	-	5,682
	<hr/>	<hr/>	<hr/>
Other expenditure			
Directors' fees	9,150	-	9,150
Accountancy fees	1,665	-	1,665
Staff training	-	-	-
Rent	3,940	-	3,940
Publicity	-	-	-
Postage and stationery	18	-	18
Telephone	703	-	703
Independent examiner's fees	236	-	236
Miscellaneous costs	468	-	468
	<hr/>	<hr/>	<hr/>
	16,180	-	16,180
	<hr/>	<hr/>	<hr/>
Total expenditure	21,862	-	21,862
	<hr/>	<hr/>	<hr/>
Net surplus for the year	5,375	1,910	7,285
	<hr/>	<hr/>	<hr/>

CROSSWAYS COUNSELLING SERVICE
Registered Charity No. 275053
Balance Sheet – 31 May 2022

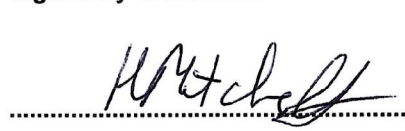
	<u>2022</u>	<u>2021</u>
TRUST INVESTMENTS		
3,536.17 Charities Official Investment Fund –		
Income shares at cost (market value at 31.05.22-£ 66,585)	5,045	5,045
	<hr/>	<hr/>
CURRENT ASSETS		
Trust Instant Savings account	15,058	13,156
Trust COIF deposit account	7,147	7,139
Bank current account	19,638	14,325
32 day notice account	10,131	10,128
COIF deposit account – ordinary fund	15	15
	<hr/>	<hr/>
	51,989	44,763
CURRENT LIABILITIES		
Accrued expenses	(295)	(354)
	<hr/>	<hr/>
	51,694	44,409
	<hr/>	<hr/>
	56,739	49,454
	<hr/>	<hr/>
REPRESENTED BY:		
TRUST CAPITAL ACCOUNT	5,000	5,000
	<hr/>	<hr/>
TRUST INCOME ACCOUNT		
Balance at 1 June 2021	26,283	24,419
Surplus for the year	1,910	1,864
	<hr/>	<hr/>
	28,193	26,283
	<hr/>	<hr/>
TRUST FUND at 31 May 2022	33,193	31,283
	<hr/>	<hr/>
OPERATING ACCOUNT		
Balance at 1 June 2021	17,991	15,271
Surplus for the year	5,375	2,720
	<hr/>	<hr/>
Balance at 31 May 2022	23,366	17,991
	<hr/>	<hr/>
ORDINARY FUND		
Balance at 1 June 2021 & 31 May 2022	180	180
	<hr/>	<hr/>
	56,739	49,454
	<hr/>	<hr/>

Signed on behalf of the Trustees:



Canon D Wilbraham (Chair of Trustees)

Signed by Treasurer:



Helen Mitchell ACA (Treasurer)

**Independent Examiner's Report to the Trustees of
CROSSWAYS COUNSELLING SERVICE**

I report on the accounts of the Service for the year ended 31 May 2022, which are set out on pages 2 to 3.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144 (2) of the Charities Act 2011 (the Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts (under section 145 of the Act), to follow procedures laid down in the General Directions given by the Charity Commissioners under section 145(5)(b) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiners' statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Anthony Kelly FCA
Independent Examiner
2 Woodberry Close
Chiddingfold
Godalming
Surrey
GU8 4SF

Date: 20/3/23

**Independent Examiner's Report to the Trustees of
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Anthony Kelly FCA
Independent Examiner
2 Woodberry Close
Chiddingfold
Godalming
Surrey
GU8 4SF

Date: 20/3/23



HASLEMERE TOWN COUNCIL

Revenue Grant Application Form¹

CONTACT DETAILS

Name of Organisation	Haslemere Biodiversity Group (part of Haslemere Vision)	
Contact Name	Philippa Guest.	Diane Moses
Position in Organisation	Chair of HBG, Director of HV	Treasurer HV
Address	Haslemere Town Hall High Street Haslemere GU27 2HG	
Telephone	07884115919	07950237715
Email	pjguest@clara.co.uk	diane.moses@gmail.com

ORGANISATION DETAILS

Name of organisation	Haslemere Vision
Amount applied for from HTC	£10,000
What will the revenue grant money be used for – please be as specific as possible and use a separate sheet if necessary.	Completion and delivery of the Haslemere Nature Recovery Strategy (HNRS) Ground-truthing, mini-projects, outreach and communications activities. see attachment for further details
What specific benefits for the Haslemere community do you expect will result from the grant? ²	A solid and detailed information base on Haslemere's rich and special biodiversity assets. Identification of opportunities, priorities and actions to support nature recovery in Haslemere that can be carried out by local landowners/managers, other community groups and the wider public. Mini-projects on rare and endangered species will boost local populations and improve species diversity. Measurable improvements in the condition and management of our local green spaces for nature with wider environmental benefits (e.g. better water quality, flood management, improved resilience to climate change, pollution, development and non-native species, etc.). Support for HTC in meeting its Biodiversity Duty as set out in the Environment Act 2021 as well as its Climate and Biodiversity Emergency commitments. Increased awareness of nature recovery issues and activities in our town and enhanced community engagement.

¹ Delete as appropriate

² Use a separate sheet if required